

# Marshall's ATA

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12:00 - 12:45</b> <b>All Ranks Jrs/Adults</b>		<b>12:00 - 12:45</b> <b>All Ranks Jrs/Adults</b>			<b>9:30am – 10:00am</b> <b>W, O, Y ATA Tigers</b>
<b>4:00 – (4:45)</b> <b>Camo &amp; Up</b> <b>Master Club</b> <b>Juniors/ATA Tigers</b>	<b>4:00 – 4:45</b> <b>Camo &amp; Up</b> <b>ATA Tigers</b>	<b>4:00 – (4:45)</b> <b>Camo &amp; Up</b> <b>Master Club</b> <b>Juniors/ATA Tigers</b>	<b>4:00 – 4:45</b> <b>Camo &amp; Up</b> <b>ATA Tigers</b>	<b>- TBD -</b> <b>Cardio Dance/Zumba</b>	<b>10:00a – (10:45a)</b> <b>Camo &amp; Up</b> <b>Juniors/ATA Tigers</b>
<b>Intros/Private</b> <b>Lessons by appt</b> <b>4:30 – 5:00</b>	<b>4:45 – 5:15</b> <b>W, O, Y</b> <b>ATA Tigers</b>	<b>Intros/Private</b> <b>Lessons by appt</b> <b>4:30 – 5:00</b>	<b>4:45 – 5:15</b> <b>W, O, Y</b> <b>ATA Tigers</b>	<b>- TBD -</b> <b>Cardio Dance/Zumba</b>	<b>10:45a – 11:30a</b> <b>W, O, Y, C, G</b>
<b>4:45 – 5:30</b> <b>Camo thru Black Rec</b>	<b>5:15 – 6:00</b> <b>W,O,Y,C,G</b> <b>Jrs/Adults</b>	<b>4:45 – 5:30</b> <b>Camo thru Black/Rec</b>	<b>5:15 – 6:00</b> <b>W, O, Y,C,G</b> <b>Jrs/Adults</b>	<b>- TBD -</b> <b>Cardio Dance/Zumba</b>	<b>11:30 – 12:15</b> <b>Prpl &amp; Up</b> <b>Jrs / Adults</b>
<b>5:30 – 6:15</b> <b>W,O,Y,C,G</b> <b>Jrs/Adults</b>	<b>6:00 – 6:45</b> <b>Black Belt</b> <b>Decided</b>	<b>5:30 – 6:15</b> <b>W,O,Y,C,G</b> <b>Jrs/ Adults</b>	<b>6:00 – 6:45</b> <b>Black Belt</b> <b>Decided</b>	<b>- TBD -</b> <b>Cardio Dance/Zumba</b>	<b>12:15p – 1:00p</b> <b>Weapons</b>
<b>6:15 – 6:45</b> <b>ATA Tigers</b>	<b>6:45 – 7:30</b> <b>All Ranks</b> <b>Jrs/Adults</b>	<b>6:15 – 6:45</b> <b>ATA Tigers</b>	<b>6:45 – 7:30</b> <b>All Ranks</b> <b>Jrs/Adults</b>	<b>- TBD -</b> <b>Cardio Dance/Zumba</b>	<b>1:00p – 3:00p</b> <b>Demo Team</b>
<b>6:45 – 7:30</b> <b>All Ranks Jrs/Adults</b>		<b>6:45 – 7:30</b> <b>All Ranks Jrs/Adults</b>		<b>- TBD -</b> <b>Cardio Dance/Zumba</b>	

\*Schedule subject to change as enrollment increases\*

Parents please help us maintain a positive learning environment by:

Keeping younger children off the workout floor

Let the Instructor do the teaching while class is in progress. Please keep conversations quiet.

Note: \*\*\* W, O, Y, C, G \*\*\* = White, Orange, Yellow, Camo, Green Belts

Revised 06/02/16

\* Leadership/Character Education (must be on Leadership Program)

\*\*Intermediate refers to 5, 6, 7 yr olds